One D.W.I. conviction will cause you to lose your driving privileges for two (2) years! (CNFJINST 5800.9Q)

B.A.C.

DWI>=0.10

DUI>=0.05<0.10

DWDI>=0.03<0.05

Japanese Standard; enforced on base as well as off base!

Don't blow it!

STOP DWI **CNFJ**

Driving the Change!

DWI = Driving While Intoxicated / DUI = Driving Under the Influence / DWDI = Driving While Drinking Indicated

Just the facts:

What is BAC?

Blood Alcohol Concentration (BAC) is the % of alcohol in a person's blood stream.

*A drink is a drink is a drink.

Each of the following contains the same amount of alcohol:

*12-oz. can of beer at 5% alcohol

*5-oz. glass of wine at 12% alcohol

*1.5 oz. of 80 proof liquor

Don't blow it!

*12-oz. wine cooler a alcohol

Number of drinks per hour*		Approximate blood alcohol concentration (BAC) †	Observable effects †
1-2	← DWDI →	0.03	Relaxation, slight body warmth
3	← DUI →	0.05	sedation, tranquility, slowed reaction time
6	← DWI →	0.10	Slurred speech, poor coordination, slowed thinking
12	The price of DWI *Loss of license *Fines/Points *Insurance increase *Career ending *Hurt someone/self *Kill someone/self	0.20	Difficulty walking, double vision, nausea, vomiting
18		0.30	May pass out, tremors, memory loss, cool body temperature
24		0.40	Difficulty breathing, coma, possible death
30		0.50 or greater	Death

From FY90 - 04, 324 sailors died in vehicle mishaps – 110 (34%) were alcohol-related.

In the U.S.A., three out of 10 people will be in an alcohol-related crash in their lifetimes – UNLESS there's a change.

Change the way you think.

If you're driving – don't drink.

†Widely varies depending on body weight, food intake, mental state, male/female, etc.

Drivers at .08 BAC are four times more likely to cause a crash than .00 drivers.

STOP DWI CNFJ

Driving the Change!

DWI = Driving While Intoxicated / DUI = Driving Under the Influence / DWDI = Driving While Drinking Indicated